



October 2017

Riverside High School Breakfast Menu



Monday

Tuesday

Wednesday

Thursday

Friday

2 French Toast Sticks w/Sausage

9 Columbus Day

16 French Toast Sticks w/Sausage

23 French Toast Sticks w/Sausage

30 French Toast Sticks w/Sausage

3 Sausage, Egg & Cheese on English Muffin

10 Sausage, Egg & Cheese on English Muffin

17 Sausage, Egg & Cheese on English Muffin

24 Sausage, Egg & Cheese on English Muffin

31 Sausage, Egg & Cheese on English Muffin

4 Ham, Egg & Cheese On English Muffin

11 Ham, Egg & Cheese On English Muffin

18 Ham, Egg & Cheese On English Muffin

25 Ham, Egg & Cheese On English Muffin

5 Sausage, Egg & Cheese on a Bun

12 Sausage, Egg & Cheese on a Bun

19 Sausage, Egg & Cheese on a Bun

26 Sausage, Egg & Cheese on a Bun

6 Bacon, Egg & Cheese On English Muffin

13 Bacon, Egg & Cheese On English Muffin

20 Bacon, Egg & Cheese On English Muffin

27 Bacon, Egg & Cheese On English Muffin

Bakery

Sandwiches

Start here! Choose Entrée

Fruits

Cereal

Served Daily!

Otis Spunkmeyer Muffins
Apple Cinnamon
Blueberry

Asst. Breakfast Bars

Maple Mini Pancakes

Served Daily!

Sausage, Egg and Cheese Sandwiches

Grab one and get to class!

Prices:
Paid: \$1.30
Reduced: \$.30
Free: \$0

+ Take 2Any 2

Basically if it grows on a tree or vine, you'll see it at some point. Fresh fruits, and juice available daily.

+ Grab a Milk

Low fat, Low Fat Flavored and Skim available daily

GOOD FOR YOU

Assorted Fresh Fruit
Apples, Oranges, Bananas

Assorted Juice
Apple, Orange, & Grape

Assorted Cereal available daily!

Bagels & Yogurt

Bagels w/Cream Cheese (plain or Strawberry)
Assorted Yogurts

